

**Lifts to Church** We need a few people to be on a rota to offer lifts to and from our 10.30 service. If you can help, please speak to Andy.

**Andy & Jacqui** are on leave this week.

**Diary Dates**

Saturday 8<sup>th</sup> September: Ride & Stride  
 Sunday 16<sup>th</sup> September: Annual Gift Day  
 Saturday 1<sup>st</sup> December: Advent Fayre



**Welcome** to our services today.  
 Prayer Ministry is available during & after The 10.30 Service  
**Please join us for refreshments** after The 10.30 Service.

**CONTACTS**

<b>Vicar</b>	<b>Revd Andy Wilson</b> (day off Monday) vicar@christchurchportsdown.org
<b>Curate (SSM)</b>	<b>Revd Mark James</b> mark.james@christchurchportsdown.org
<b>Reader (Lay Minister)</b>	<b>Sandra Morgan</b> sandramorgan02@gmail.com
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<b>Pew Sheet Editor</b>	<b>Barbara Doe</b> noticesheet@christchurchportsdown.org

For other contacts, see the back of Portsdown Post, available at rear of church

**Sunday 5<sup>th</sup> August 2018 – 10<sup>th</sup> after Trinity**

0800 The 8.00 Service (Holy Communion 2)  
 1030 The 10.30 Service (Holy Communion)

**This Week's Activities**

Wednesday 1030 'Holiday at Home' at CoGS  
 Thursday 1000 The Thursday Service (Holy Communion)  
 Friday 1000 Open Church Coffee Morning  
 Saturday 0900 Church Cleaning

**Mission of the Month: School Pastors**



Visit us at [www.christchurchportsdown.org](http://www.christchurchportsdown.org)

**Sunday 12<sup>th</sup> August 2018 – 11<sup>th</sup> after Trinity**

0800 The 8.00 Service (Holy Communion 1)  
 1030 The 10.30 Service

N.B. Please remember to take this pew sheet away with you

## TENTH SUNDAY AFTER TRINITY

### COLLECT

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

### FIRST READING: Ephesians 4:1-16

4 As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. <sup>2</sup> Be completely humble and gentle; be patient, bearing with one another in love. <sup>3</sup> Make every effort to keep the unity of the Spirit through the bond of peace. <sup>4</sup> There is one body and one Spirit, just as you were called to one hope when you were called; <sup>5</sup> one Lord, one faith, one baptism; <sup>6</sup> one God and Father of all, who is over all and through all and in all. <sup>7</sup> But to each one of us grace has been given as Christ apportioned it. <sup>8</sup> This is why it says: "When he ascended on high, he took many captives and gave gifts to his people."<sup>9</sup> (What does "he ascended" mean except that he also descended to the lower, earthly regions? <sup>10</sup> He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) <sup>11</sup> So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, <sup>12</sup> to equip his people for works of service, so that the body of Christ may be built up <sup>13</sup> until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. <sup>14</sup> Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. <sup>15</sup> Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the

head, that is, Christ. <sup>16</sup> From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

*This is the word of the Lord*

**Thanks be to God**

### SECOND READING: John 6:24-35

*Hear the Gospel of our Lord Jesus Christ according to John.  
Glory to you O Lord*

<sup>24</sup> Once the crowd realised that neither Jesus nor his disciples were there, they got into the boats and went to Capernaum in search of Jesus. <sup>25</sup> When they found him on the other side of the lake, they asked him, "Rabbi, when did you get here?" <sup>26</sup> Jesus answered, "Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. <sup>27</sup> Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval."<sup>28</sup> Then they asked him, "What must we do to do the works God requires?" <sup>29</sup> Jesus answered, "The work of God is this: to believe in the one he has sent." <sup>30</sup> So they asked him, "What sign then will you give that we may see it and believe you? What will you do? <sup>31</sup> Our ancestors ate the manna in the wilderness; as it is written: 'He gave them bread from heaven to eat.'" <sup>32</sup> Jesus said to them, "Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. <sup>33</sup> For the bread of God is the bread that comes down from heaven and gives life to the world."<sup>34</sup> "Sir," they said, "always give us this bread."<sup>35</sup> Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

*This is the Gospel of the Lord*

**Praise to you O Christ**